**Gingerbread Man Activity**

 **Instructions**

**Materials Needed:** Copy of the Gingerbread outline front and back

**Procedure:** Read the following directions and follow on their gingerbread man.

**Directions:** Try and do this in Google docs and if you are not able to you can draw or print the gingerbread man and take a picture of your completed Gingerbread man and share with your teacher.

1. Draw an “X” on the right superior lateral anterior section of the abdomen.
2. Draw an “O” on the right lateral posterior inferior side of the body trunk.
3. Draw a line indicating a transverse plane on the posterior side.
4. Draw a line indicating the midsagittal plane on the anterior side. Draw a square on the left distal posterior leg.
5. Draw a “V” on the superior anterior medial chest.
6. Draw an “A” on the right proximal posterior arm.
7. Draw a line on the anterior side indicating a transverse line superior to the neck.
8. Draw a line on the posterior side that indicates a sagittal plane to the left of the midline.
9. Draw a “B” on the dorsal side of the left hand.
10. Place a circle over the thoracic cavity on the anterior side.
11. Place a triangle in the epigastric region. Draw a “K” in the right upper quadrant of the abdomen.
12. Draw an “E” in the left hypochondriac region.
13. Draw a “W” in the right inguinal region.
14. Draw a “P” on the anterior abdomen caudal to the umbilicus.
15. Place a square on the posterior side, cephalic to the buttocks.
16. Draw a transverse plane on the ventral side that is inferior to the chest.